Senior Move Checklist		
	Item	Notes
	Meet to discuss our service options	
	Begin sorting items into four groups: keep, sell, donate, and discard	
	List all items to be set aside for family members	
	Complete furniture wish list for new home	
	Meet move coordinator and measure new residence	
	Prepare simple floor plan to place furniture	
	Get prices from at least 3 movers	
	Order packing materials for move	
	Rent storage space if needed	
	Begin packing non-essential items	
	Label boxes with contents and room name	
	Set aside essential items for 'load-last, open-first' boxes	
	Confirm schedule with movers	
	Pack essential items to be moved separately	
	Supervise movers	
	Take care of plants and pets	
	Unpack and set up at new home	
		Clear Paths for Seniors